Alina Uvaeva (Saint-Petersburg, Russia), child clinical psychologist.

The title: «The Study of the system of care for children with special needs in Sweden»; Тема стажировки: «Изучение системы помощи детям с особыми потребностями в Швеции».

Stockholm, Uppsala, Jönköping, Skövde, Örebro, Ludvika August-September 2015

In 2015 I was lucky enough to visit Sweden, after receiving a scholarship from the Sverker Åstrom Foundation. No report can describe the impressions which I got during this visit. I managed to get a general view of the system of care for children with special needs, both theoretical and practical aspects.

Sweden is a leading country in this field; currently the cooperation in the sphere of specialist training is developing very rapidly and has a great future. And the most important thing is that it is real help to children with special needs in many countries and gives support to their parents.

During the trip I visited about 15 organizations, among which there were institutions involved in the development of systemic issues in the field of child welfare, programs for parents and in raising public awareness of people with special needs, etc.



Seminar in the Swedish Institute on cooperation with partners in Eastern Europe



Tittut (Peekaboo) offers education/training to parents, who have been informed that their child (0-2 years) has a functional impairment





Child Habilitation in Uppsala

(the centre for small children, the centre for communicative and cognitive support, "datatek")

It was also interesting to visit Universities and to learn about the implementation of research in Sweden, their connection with clinical practice.



Sarah Granberg's dissertation defense («Functioning and disability in adults with hearing loss: the preparatory studies in the ICF Core sets for hearing loss project»), School of Health and Medical Sciences, Örebro University



ICF research group meeting devoted to the appearance of the ICF in around 70 SIDR dissertations published from the year 2000, Skövde







An open lecture by a Swiss Dr. Jerome Bickenbach: Ethical considerations in applying the ICF and ICF-CY

I was given a unique opportunity to visit the Child Habilitations which carry out practical work with children. Of course, I was impressed by technical equipment and the quality of methodological materials.





Ballongen (The Balloon) in Skarpnäck, a southern suburb (a habilitation centre working with children with different functional impairments)





Child Habilitation in Jönköping

I was also encouraged by communication with colleagues who work in the field of the development of toys, cartoons, books and programs for children with special needs. It should be noted that these cartoons are interesting and useful for children with typical development as well, and they are very popular in Sweden.



Teckenhatten (The sign hat) in Danderyd (the exhibition that displays computer programs for pedagogical teaching aids)



The founders of "Pino's diary" (computer programs, films and books for children at an early stage of development as well as for children with different functional impairment)

Informal communication with colleagues was also very interesting. It was great to learn about the lifestyles of Swedish families, their habits and interests, family histories and interesting experiences.



It is impossible not to mention their magic nature. Generous Swedish autumn gave me the joy of walking, enjoying the fresh sea air and the abundance of berries and mushrooms. It turned out that every Swedish family has secret places and never tell anyone about them. I was lucky to see a couple of these secret places thanks to my new Swedish friends.





But for the Foundation, all this would be impossible. I consider myself incredibly lucky, because I met so many amazing people, who are great experts and passionate about their work.

I would like to sincerely thank all the Foundation team, and I am especially grateful to Disa Håstad, for all her support and help. This trip was an incredibly valuable experience in my career. The obtained knowledge and contacts with colleagues from Sweden without any doubt proved to be very useful.





Disa's "dacha"

At the end of the internship, Stockholm, which became so dear to me, is saying "good-bye" to me by rain. But I do not want to think: "Farewell", I say: "See you soon".

