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Internship at the Center of the Russian and Eurasian Studies of the University of Uppsala

During the entire period of staying in Sweden (6 months) I was an intern at the University of Uppsala, in the center of the Russia and Eurasia Studies.

Before the trip, I set the following objectives:

- To study the theoretical and methodological achievements of political science in Sweden in the field of international and regional security.
 To meet and share experiences with leading experts in the field of international relations.
 To work with the library collections of Uppsala and Stockholm with the literature in the field of international security.
- 4) To get the opportunity to write and publish an article in a scientific journal in Sweden.5) To learn about the culture, including political culture, of Sweden.
- 6) To visit several scientific events on my issues or related to the region of my research.

During the program I managed to achieve good results and serious progress in my scientific research.

Firstly, it was possible to work in the libraries of the University of Uppsala, Stockholm University and the Stockholm Institute of the Development and Peace? to review the available literature on the problems of international and regional security, scientific articles, monographs, conference proceedings.

Secondly, a few months I was able to get acquainted with theoretical developments, concepts of researchers from SIPRI, Institute of International Relations and other research centers in Sweden in the field of security and in general - in international relations.

Thirdly, I had the opportunity to meet and talk, exchange views on various international issues with such scientists, researchers, as Jakob Hallgren (Deputy Director of Stockholm international peace research institute), Mats Karlsson (Director of the Swedish institute of international affairs), Rudiger Frank (Head of department of east Asian studies in University of Vienna), Ekaterina Klimenko (researcher of the Stockholm international peace research institute), Elena Namli (University of Uppsala).

Fourthly, for 6 months of the internship, I was able to visit more than 20 scientific events (seminars, lectures, conferences) in various institutions such as the Stockholm School of Economics (SITE), University of Uppsala, the Swedish Institute of International Affairs.

More likely, in their theoretical and factual content, work with audience and proficiency issues, I would like to highlight the lecture of Former Finance Minister and Deputy Prime Minister of Poland Leszek Balcerowicz 'Post-socialist transformation in a comparative perspective' in Stockholm Institute of Transition Economics (SITE), as well as two events in the Swedish institute of international affairs: the seminar of the professor of the University of Vienna Rudiger Frank «Kim Jong Un's North Korea» and the seminar by Lilia Shevtsova "Russia-2015: key domestic and foreign policy challenges".

I would like to note the high intensity, a large number of research activities in Sweden, as well as the competent organization and the level of implementation.

Fifthly, I wrote and gave for the publication in the Yearbook of Eurasian Studies in Uppsala University the article «North-East Asia after the Ukrainian crisis: threat to regional security» in English. In addition, the agreement about two publications during the 2015-2016 period was reached.

Sixthly, during the internship I was lucky to get acquainted with the culture, customs and traditions of Sweden, its history, visited a number of museums in Stockholm and Uppsala. Moreover, I witnessed the political crisis 2014-2015, and had the opportunity to get acquainted with the peculiarities of the political process, the political culture of this country.

In general, we can say that during the internship I was able to realize all the goals; to get serious progress in their study; as well as to establish scientific contacts with colleagues from Sweden and other European countries.

I got the agreement to continue my cooperation with the Center of Russian and Eurasian Affairs of the University of Uppsala. And, in particular, my seminar on problems of national and regional security in Russia and Northeast Asia is planned on the fall of 2015.

I would like to say a special thank for Dis Hestad and all the members of the Foundation Board of Sverker Astrom for the opportunity of the internship in Sweden, as well as for all possible assistance in the organizational, social and other issues in the course of its passage. Thank you all. And I hope for further cooperation and communication.

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